

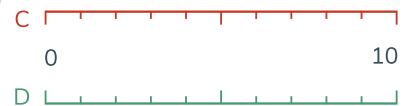


Steppingstone #63

Helpful Habit Enablers

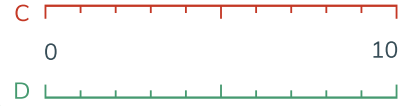
Helpful Habit:

Enabler #1:



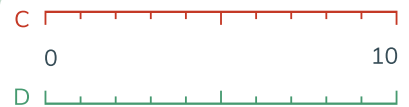
How can they enable this Helpful Habit?

Enabler #2:



How can they enable this Helpful Habit?

Enabler #3:



How can they enable this Helpful Habit?