19 Steppingstone #19
Neuroticism

Strongly disagree 0 1 2 3 4 5 6 7 8 9 10 Strongly agree

A.	I often have mood swings	
B.	I frequently feel anxious	
C.	I become irritated easily	
D.	I often worry about the future	
E.	I can often feel low	
F.	I am self-conscious in social situations	
G.	I get upset easily	
H.	I get anxious in social situations	
I.	I become stressed easily	
J.	I sometimes act or speak without thinking because I am anxious	

Total

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