



# Steppingstone #25

## Locus of Control

Strongly disagree 0 1 2 3 4 5 6 7 8 9 10 Strongly agree

**A.** I am responsible for making my plans come to fruition

**B.** Hard work usually brings success

**C.** I am in control of how my life turns out

**D.** Other people have little influence over my happiness

**E.** I can control some aspects of my personality

**F.** I decide how my life pans out

**G.** I can change my habits if I want to

**H.** I can solve most problems myself

**I.** Whether I succeed at something is down to me

**J.** My future is in my hands

Total